



## Barrie Garden Club Newsletter

# Cuttings

January & February 2023

Look for us at: [www.barriegardenclub.ca](http://www.barriegardenclub.ca)



*Written by Kimberly Sturge*

### UPCOMING ZOOM MEETINGS FOR OUR GARDEN CLUB!

This year to avoid having our meetings cancelled due to weather, we have decided to have our February and March meetings on line!



February 7<sup>th</sup> 2021 - **Candace Dressler**  
presents **Colour in the Garden**

Candace is a very active volunteer with the Master Gardeners of Ottawa-Carleton & current President of the Gloucester Horticulture Society. Her presentation will focus on using perennials to give colour in the garden throughout the year. Beginning with spring and on through summer, fall, and winter, this lecture will identify perennials that you can count on to be robust and colourful, whether your garden is full sun, full shade, or somewhere in between.



March 7<sup>th</sup> 2023 - **Gwen Petreman** presents the  
**Importance of Birds to our Garden!**

Gwen is a local author and avid environmentalist, who is on many committees dedicated to improving Simcoe County and educating nature lovers of all ages! In addition to enjoying the many benefits of attracting birds to one's garden, it can spread those benefits throughout the neighborhood. Learn what you can do to make your garden a popular bird hang-out!

**7pm on Zoom!**

**Watch out for the email inviting you to join us!**



**BARRIE GARDEN CLUB  
AGM**

**APRIL 4<sup>TH</sup> 2023 @ 7PM**

In-person Meeting at the ANAF Club  
52 Morrow Rd.

This will be a very exciting night with a special guest speaker (TBA) and learn about our upcoming events and goals for 2023!

**2023 BGC Memberships will also be on sale & come and meet our new Executive for 2023!**

"I wonder if the snow  
loves the trees and fields,  
that it kisses them so  
gently? And then it  
covers them up snug, you  
know, with a white quilt;  
and perhaps it says, "Go to  
sleep, darlings, till the  
summer comes again."  
— Lewis Carroll

CelesteBradley.com

## Colour Through the Seasons Plant List

### **Hosta 'Sum & Substance'**

Giant chartreuse leaves purple flowers

### **hydrangea petiolaris " climbing Hydrangea**

white 20' June -August

### **Iris 'Autum Circus' German Bearded Iris**

June

### **Iris 'Sea Patrol' German Bearded Iris**

silvery blue 20-24" June

### **Iris 'Rock Star' German Bearded Iris**

purple yellow white 40cm June

### **Iris ensata " Japanese Iris**

white 80cm June

### **Iris ensata " Japanese Iris**

veined purple 80cm June

### **Iris Pumilla " Dwarf bearded Iris**

Dk Purple 8-10" Early spring

### **Lamium maculatum "**

purple shade May - July spreading, can be invasive

### **Lavandula angustifolia "Hidcote" Lavender, Hidcote**

deep purple 30cm full sun mid-late summer

### **Lavandula x intermedia "Niko" Lavender, Phenomenal**

80 cm full sun mid-late summer

### **Leucanthemum superbum 'Banana Cream' Amazing**

### **Daisies**

Yellow 15-18" Full sun Early to late summer

### **Lilium 'Pretty Woman' Pretty woman lily tree**

white 36-96 full to part sun Late June - Mid July

### **Lily 'LA hybrid' Interdivisional Hybrid lily**

pink white centre 48" sun Mid July

### **Lobelia cardinalis " Red Cardinal flower**

vibrant red 120 part shade summer to fall

### **Matteuccia 'Ostrich' Ostrich Fern**

### **Monarda 'Bee You 'Bee Happy' Bee Balm**

soft red 70 cm mid July - Sept

### **Monarda didyma " Bee Balm**

mid July - Sept

### **Myosotis " Forget me not**

blue white May spreads by seed

### **Paeonia 'Primavere' Peony**

Yellow/Pink 90 cm Full Sun May - July

### **Papaver paeoniflorum 'French Flounce' Annual Double poppy**

red 80-100 full sun 01-Jul

### **Phlox amplifolia 'Goliath' phlox**

violet florets with white eyes 26-30" sun- part shade late June - October

### **Phlox paniculata 'David' phlox**

white 40" sun July-Sept

### **Phlox paniculata 'White eye flame' dwarf garden phlox**

white with dk pink eyes 18" sun- part shade early August

### **Polygonatum falcatum " Solomon's Seal**

### **Primula veris " Cowslip**

Yellow

### **Pulmonaria " Lungwort**

Dotted foliage pink blue flowers 8-10" may-june

### **Rosa 'Girl Guide' Girl guide Rose**

### **Rose '1812' Fairy Tale, Floribunda rose**

### **Rudbeckia laciniata " cut-leaf Coneflower**

yellow 300cm full sun mid-late summer

### **Salvia Superba 'Blue Queen' Sage Blue Queen**

Blue 18" June-July drought resistant

### **Sanguinaria canadensis " Blood Root**

white 12" dappled May Native plant

### **Sanguinaria canadensis 'Multiplex' Blood Root**

white 12" dappled May Native plant

### **Sedum 'Lemonjade' Lemonjade stonecrop**

yellow 41-46 cm full sun Sept

### **Sedum 'Autumn Joy' Stone crop**

dark pink 30cm sun- part shade fall

### **Sedum 'Variegata' Variegated sedum**

Variegated Leaf

### **Sedum 'Neon' Neon showy sedum**

rosy-magenta 60 cm full sun Sept

### **Symphotrichum novae-angliae " New england Aster**

Pink, Purple 30 cm sun semi shade Summer, Fall

### **Telekia speciosa 'B. speciosum' ox-eyed daisy**

yellow 4-5' part shade summer

### **Tricyrtis hirta " Toad Lily**

pink-violet

### **Trillium "**

white

### **Verbena bonariensis " south american vervain**

purple 150 full sun summer till frost Not hardy here, but will self seed

### **Veronica " Dwarf blue speedwell**

blue spikes 12" SUN

### **Veronica " Dwarf Pink speedwell**

pink spikes 12" SUN



May 10, 2022

Speaker: Candace Dressler



## Colour Through the Seasons Plant List

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**Allium aflatunense 'Purple Sensation'**

70cm Late May

**Anemone x hybrida "Honorine Jobert" windflower**

White 3'-4' October Spreads via rhizome, can be a skin irritant.

**Anemone x hybrida 'Japanese' windflower**

Pink 3'-4' Sept Spreads via rhizome, can be a skin irritant.

**Aquilegia 'canadensis' Wild Columbine**

Late May

**Arisaema triphyllum " jack in the pulpit**

Late May - June

**Artemisia schmidtiana 'Silver Mound' wormwood**

**Aster novae-angli 'Alma Potschke'**

Carmine red 30-36" fall

**Astilbe Japonica 'Deutschland'**

white 50 cm

**Athyrium niponicum var. pictum " Japanese Painted Fern**

**Calendula 'Radio' Calendula**

yellow 30 sun summer

**Calluna vulgaris " Pink Heather**

**Campanula carpatica " Carpathian Bellflower**

blue 6-8" sun- part shade summer

**Campanula persicifolia " Peach-leaved bell flowers**

blue 100cm sun- part shade July again in Sept

**Campanula punctata " Bell Flower**

pink 1-3' sun- part shade July again in Sept

**Centranthus ruber "Albus" Valerian**

White 100cm sun/shade June-July Don't let it go to seed

**Chrysanthemum 'mia' Prophets Garden Mum**

pink button flower fall

**Clematis x fouiana 'Mrs. Robert Brydon' Cleamatis**

Blush white shade roots September Very Hardy

**Coreopsis verticillata " Threadleaf Tickseed**

yellow 40 cm sun- part shade July - September long lived, easy to grow native plant.

**Corydalis ochroleuca " corydalis**

white June - Oct

**Corydalis solida 'Black Currant'**

purple Very Early Spring

**Crambe cordifolia " Colewort**

**Delphinium 'Blue Jay'**

Dark purple black eyes 1.5 m sun to part shade mid July Again in Sept

**Dictamnus albus " Gas Plant**

100 cm

**Echinacea 'Fatal Attraction'**

Intense pink on dark stems July -Sept

**Echinacea 'Cheyenne Spirit' Coneflower**

dark orange to yellow 80 cm full sun summer 1 fall

**Echinacea 'double pink' Coneflower**

fuschia

**Echinacea 'Hot Paprika'**

deep rust red July -Sept

**Echinacea 'Primadonna White' Coneflower**

white July -Sept

**Echinops " Globe thistle**

blue July again in mid Sept

**Erica carnea " White Heather**

April -May

**Eremurus rubustus " Foxtail lily**

Yellow 150cm early summer

**Fern 'Maidenhair'**

25-45 cm

**Geranium 'Johnson's blue' Geranium**

Blue 30-45 cm sun/partial shade June-Sept

**geranium phaeum 'Dusky Cranesbill'**

dk purple May-june again in Sept

**Geranium x thunbergii 'Jester's Jacket'**

Thick green speckled cream and pink foliage, pink flowers 20-50cm sun/partial shade June

**Geranium x oxonianum 'Katherine Adele'**

Light pink with purple veining 30-40cm sun/partial shade May -Sept

**Gillenia trifoliata 'Pink Profusion' Bowman's root**

Pink 50-55 sun/partial shade June

**Helleborus Oriental 'White Spotted Lady' Hellebore**

green red white 40 cm Part to full shade Early Spring ( Feb - April)

**Helliopsis 'Lorraine Sunshine'**

Variegated foliage

yellow daisy like flowers 30-36" July - frost

**Hemerocallis 'Carrot' daylily**

Very Orange July - August

**Hemerocallis 'Apricot Blush' daylily**

orange with apricot 28" July - August

**Hemerocallis 'Twist & Shout' daylily**

orange red fragrant 28" July - August

**Hemerocallis 'Grapette' daylily**

Dk Purple July - August

**Hemerocallis 'Mulberry Freeze - reblooming' daylily**

deep purple edged in chartreuse 25" sun- part shade July - August

**Hemerocallis 'Elizabeth Salter' daylily**

July - August

**Hemerocallis 'pygmy plum' daylily**

July - August

**Hemerocallis 'snowbrooke' daylily**

July - August

**Hemerocallis 'wrapped in ruffles' daylily**

July - August

**Hemerocallis 'Always Afternoon' daylily**

Pink with red and green centres 55cm part to full sun early summer rebloomer

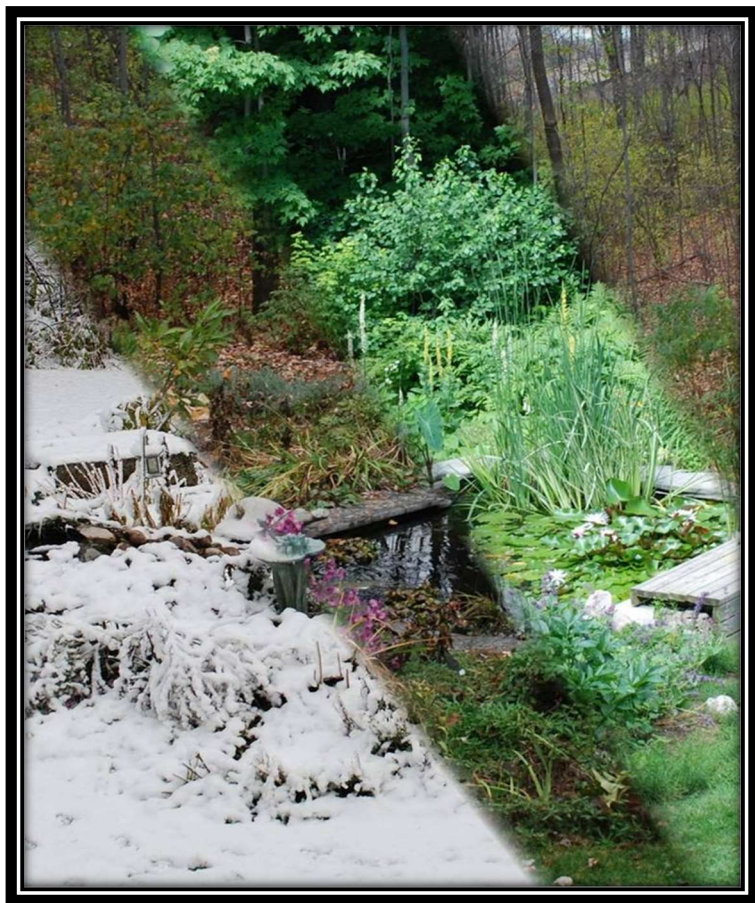
**Heuchera 'Marmalade' Coral Bells**

reddish brown 25cm part to full sun

**Hosta 'Fringe Benefit'**

lavender 60cm

## Colour Through the Seasons Picture from Candace



## What to feed our Bird friends!



## Save the Date:

**2023 Convention July 21 – 23, 2023 – Ottawa**



OHA 115th Convention  
July 21 - 23, 2023  
District 2 - Ottawa Valley

District 2 will be hosting the 2023 OHA Convention from July 21 to July 23, 2023 at the Brookstreet Hotel in Kanata, Ontario.

They are planning a great lineup of speakers, tours and entertainment for this first in-person convention in three years!

Go to:

<https://gardenontario.org/event/oha-2023-convention/>  
for more information!

## Let It Bee

The Secret to a Healthier Garden



Dead and decaying plants & seed pods are essential food & habitat for life in your garden.



Winter survival of birds, bees, butterflies, other insects, & microbes depends on them.



Do protect tender perennials and decor.



But, unless diseased, pest-infested, or invasive, leave the rest until late spring.



Let nature do what it does best.

Fall 'mess' nurtures spring life.

Empress of Dirt





from: <https://www.ruralsprout.com/simple-birdseed-ornaments/>

#### Ingredients:

- birdseed
- tallow warmed in a pot (you can buy this in its hard form - suet - at most butcher shops or places like Nicholyn Farms...I suggest you call before to go though, to make sure they have it in stock)
- mixing bowls
- spoon or spatula
- branches or paper straws (one for each ornament)
- baking sheet
- metal ornaments or egg molds
- twine

#### optional tips:

- if you want to add additional ingredients opt for organic peanut butter or dried meal worms - please do not add gluten products or flour, coconut oil, sugar, corn syrup, the grease of industrially processed bacon and the like. All of these items are not naturally occurring in a bird's diet and should be left out of your healthy homemade birdseed ornaments.

- to deter squirrels - add red pepper flakes to the suet as it won't harm the birds!
- The easiest way to figure out how much birdseed you need is to set out your cookie cutters or egg molds, and fill them nearly to the rim.
- Pour this "measured" amount of birdseed into a separate bowl.
- Add the tallow - you need enough to thoroughly cover the seeds.



If there is too little, the ornaments will be crumbly. Too much and the ornaments will be too hard. Different seed mixes will also take more or less fat. It is all a matter of experimentation.

After mixing the seeds and tallow - first insert the stick or straw (to make the hole) and scoop/pour the mixture around it into the forms. Cool. They should be ready to hang in 1-2 hours or if you put them in the freezer, even faster!

Slide a piece of twine through the hole and hang it outside for the birds to discover.



If you have leftover birdseed and tallow mixture, get some pine cones and swirl them into the mixture. Add a sting and hang.



## Winter Bird Feeding Tips

Birds visiting my feeders, munching on the coneflower seeds, and perching in the shelter of evergreens help brighten the long, often dreary days of winter.

No matter where you live, you can increase the number and diversity of birds by providing them with food, water, and shelter. This is especially important as much of their habitat is being destroyed and challenging winter weather can make food and water scarce.



You can design your garden to be self-filling birdfeeders. Take time this winter to see if there are opportunities for you to add plants that provide seeds, berries, and other fruit to feed the birds throughout the winter. Look for a spot to add evergreens that provide a bit of shelter. Consider supplementing nature's offerings with bird feeders. Purchase quality birdseed mixes. These may cost more but contain a higher

percentage of seeds the birds like to eat. This means more quality seed for each dollar spent. Many cheaper brands fill their mixes with milo, oats, and wheat that the birds tend to discard in favor of more desirable seeds in the mix.

Use a variety of seeds and feeders to attract a diverse group of birds. Nuts and cracked corn attract Jays, woodpeckers, nuthatches and brown creepers. Mix them with other seed or include a specially designed nut feeder in your feeding station.

Black oil sunflower seeds are a favorite of cardinals, buntings, chickadees, finches, grosbeaks, jays, juncos, nuthatches, titmice and woodpeckers. Sunflowers are also a favorite of squirrels. I use safflower seed instead. It kept the cardinals, grosbeaks, finches, doves and sparrows happy and most of the time, eliminated squirrels at my feeders.



Nyjer thistle is a favorite of finches, goldfinches, siskins, and buntings. Purchase fresh seed and use a feeder that keeps it dry. Finches and others will avoid stale and wet Nyjer thistle seed.

White millet is another popular seed and a favorite of ground feeders such as juncos, siskins and towhees. You will also find cardinals, finches, grosbeaks and sparrows feasting on these seeds.



Suet is an excellent food for woodpeckers, nuthatches, chickadees, and jays. This winter I have found a wider array of birds visiting my suet feeders. A few wrens and cardinals have joined the woodpeckers dining on the suet. Add a source of water to support and attract a wide variety of birds. Place the birdbath in sunny areas. Add a few stones so the birds can take a sip without getting totally wet. You will need a bubbler, heater, or aerator to prevent the water from freezing in our climate. Another option is to offer a shallow container of water each day at around the same time. Once it freezes, bring it indoors. No matter the type of birdbath or container, it is still important to keep it clean throughout the winter. There is nothing more stimulating than to watch our beautiful bird friends visit your garden during the winter months! So, grab a cup of your favorite hot beverage, settle in by a window, and watch the songbirds dine.





Comfort food is a must during our frosty, long cold days of winter. Here are a few easy and heartwarming dishes to help you stay comfortable and cozy until the weather changes!

# Taco Casserole

Recipe by Sloane Layton

YIELDS: 6 - 8 serving(s) PREP TIME: 30 mins TOTAL TIME: 55 mins

## Ingredients:

### FOR THE CASSEROLE:

- 1 tbsp. vegetable oil
- 2 red and/or yellow bell peppers, stemmed, seeded and thinly sliced
- 1 yellow onion, thinly sliced
- 1 poblano pepper, stemmed, seeded and chopped
- 3 garlic cloves, chopped
- 1 1/2 lb. lean ground beef
- 1 1-oz. packet taco seasoning
- 1 10-oz. can mild diced tomatoes and green chiles drained
- 1 15-oz. can black beans, drained and rinsed
- 1 c. corn kernels, fresh or frozen
- 1 1/2 tsp. kosher salt
- Non-stick cooking spray
- 1 13-oz. bag round tortilla chips, plus more for serving
- 1 8-oz. bag shredded Mexican-style cheese blend

### TO SERVE:

- Shredded lettuce
- Pico de gallo
- Avocado
- Cilantro, chopped
- Sour cream
- Sliced black olives
- Hot sauce

## Directions:

1. For the casserole: Preheat the oven to 375°. Heat the oil in a large Dutch oven over medium heat. Add the bell pepper, onion, poblano, and garlic. Cook, stirring occasionally, until the vegetables are softened, 10 to 12 minutes. Add the ground beef and taco seasoning packet. Cook, stirring often to break into small crumbles, until browned, 6 to 8 minutes. Add the canned tomatoes and green chiles, black beans, corn, and salt, and cook, stirring occasionally, until well combined, about 2 minutes. Remove from the heat.
2. Lightly grease a 13-by-9-inch baking dish with cooking spray. Arrange tortilla chips in a slightly overlapping single layer in the bottom of the baking dish (about 35 chips in a layer). Top with about half of the ground beef mixture in an even layer. Sprinkle evenly with half of the cheese. Repeat layers once, ending with cheese on top. Reserve remaining chips for serving.
3. Bake the casserole in the preheated oven until the cheese is melted and beginning to brown on top, 16 to 20 minutes. Let cool for 10 minutes before topping and serving.
4. To serve: Top with shredded lettuce, pico de gallo, avocado, cilantro, sour cream, black olives, and/or hot sauce, if you like. Serve alongside extra, crunchy tortillas.



# Chicken Spaghetti

By [Ree Drummond](#) aka: Pioneer Woman

YIELDS: 8 serving(s) PREP TIME: 30 mins COOK TIME: 45 mins TOTAL TIME: 1 hr 15 mins

There is a lot of "stuff" in this casserole, but the way I ensure widespread acceptance and bliss by those I serve it to is to keep everything diced very small and to season it adequately. This is also great for any leftover turkey from Christmas!

## Ingredients:

- 2 c. cooked chicken (or turkey)
- 3 c. spaghetti, uncooked and broken into two-inch pieces
- 2 cans cream of mushroom soup
- 2 c. grated sharp cheddar cheese
- 1/4 c. finely diced green pepper
- 1/4 c. finely diced onion
- 1 jar (4-ounce) diced pimientos, drained
- 2 c. reserved chicken broth/water
- 1 tsp. Lawry's Seasoned Salt
- 1/8 tsp. (to 1/4 teaspoon) cayenne pepper
- Salt and pepper, to taste
- 1 c. additional grated sharp cheddar cheese



## Directions:

1. Cook chicken and pick off the meat to make two cups.
2. Cook spaghetti chicken broth & water until al dente. Do not overcook. When spaghetti is cooked, combine with remaining ingredients except additional 1 cup sharp cheddar.
3. Place mixture in casserole dish and top with remaining sharp cheddar. Cover and freeze up to six months, cover and refrigerate up to two days, or bake immediately: 350 degrees for 45 minutes until bubbly. (If the cheese on top starts to get too cooked, cover with foil).

